



MUSTANG EXPRESS 2.0

Rock Creek Junior/Senior High School

December 2010

Principal 9-12:

Dennis Post

Assistant Principal 7-8:

Scott Harshbarger

USD 323 Superintendent:

Dr. Darrel Stufflebeam

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Published by

In-House Training:

Joseph Calmes

Trevor Clark

Amy Eshelman

Jackie Gonzalez

Katie Good

Brandon Hyde

Skylar Myers

Justin Redding

Dylan Treadwell

School Supplies Needed for Chapter Project

Have you ever wondered what it would be like to not have school supplies to use to get an education? It is hard for most of us to imagine. Gary LaGrange of Manhattan is trying to do something about children around the world who don't have supplies to use when attending school, if they are lucky enough to have teachers. Mr. LaGrange had a life-altering experience while serving in Vietnam. During his tour of duty in the late '60s, he met with a village chief who expressed a need for school supplies. Mr. LaGrange contacted his wife and pastor back in the United States to see if they could help in some way. They worked together and sent 4,000 pounds of school supplies for Vietnamese children. As a result, the village people started trusting the soldiers and many good things started to happen.

To make a long story short, Mr. LaGrange is still offering his help around the world. As a result he received the National Senior Corps Award for his efforts in "Help us Learn. Give us Hope" foundation that he founded. More than 300,000 children have received help through the organization. This year the junior high FCCLA chapter members are going to support his efforts by collecting school supplies and raising money to help pay for shipping of the supplies as their chapter project. To kick off the project, Mr. LaGrange talked to the students on December 13, 2010, to discuss his experience and how Americans can help support this project. If you are interested in helping the chapter with this effort, please contact one of the chapter members or their advisor, Mary Siderewicz, at 785.494.8591 or send an e-mail to siderewm@rockcreekschools.org.



FCCLA Collecting Pillow Cases

The senior high FCCLA members are asking for donations of new or "gently" used pillow cases or fabric that is 100% cotton or a cotton/polyester blend and ½-inch double wide bias tape. The members are going to use a pattern retrieved from www.dressagirlaroundtheworld.com, to make as many dresses as possible to give to an organization to send to young girls around the world who are in need of clothing. There was an article in the *Manhattan Mercury* about an 82-year old lady who made 24 dresses for young girls in Haiti. Unfortunately the person who was going to take them there has not been able to make the trip because of unrest in the country, but is hoping to deliver them within the next month. The dresses our chapter members make may not go to Haiti, but to some other area of the world where there is a need of clothing. So if you have any new or used pillow cases even the bed sheets could be used, please drop them off at Rock Creek and the chapter members will put them to good use.

Calendar of Events

Date	Event	Time
12/18	Regional Debate	TBD
12/20	JH/HS Choir & HS Band Concert	7:30 p.m.
12/22	Early Exit Presentations PK-12 Teacher Workday	7:30 a.m. 8:00 a.m.
12/22-12/31	No School – Winter Break	
1/3	PK-12 School Begins	
1/4	HSBB @ Riley County	4:45 p.m.
1/7	HSBB Silver Lake, Homecoming	4:45 p.m.
1/8	HSWR @ Burlington HSWR JV @ Marysville	9:15 a.m. 10:00 a.m.
1/11	HSBB Rossville	4:45 p.m.
1/12	Board of Education Meeting	7:00 p.m.
1/14	State Debate HSWR @ St. Marys HSWR JV @ Abilene HSBB @ Wabaunsee	TBD 3:00 p.m. 4:00 p.m. 4:45 p.m.
1/15	State Debate JH District Band/Choir JHBB 8 th @ Rock Creek vs Jeff West & Royal Valley JHBB 7 th @ Silver Lake vs Jeff West & Royal Valley HSWR @ St. Marys HSBB Rock Creek Freshman Tournament	TBD TBD 9:00 a.m. 9:00 a.m. 9:00 a.m. 1:00 p.m.
1/17	No School PK-12 HSBB Boys @ Canton/Galva Tournament JHBB @ Rossville	TBD 4:30 p.m.
1/18	HSBB Boys @ Canton/Galva Tournament	TBD
1/19	JHBB, JHCH sports pictures	2:45 p.m.
1/20	HSBB Boys @ Canton/Galva Tournament JHBB @ Mill Creek Valley	TBD 4:00 p.m.
1/21	HSBB Boys @ Canton/Galva Tournament KSU Honor Band HSWR Pottawatomie County Duals HSBB Girls @ St. Marys	TBD TBD 4:00 p.m. 4:45 p.m.
1/22	KSU Honor Band	TBD
1/24	JHBB St. Marys	5:30 p.m.
1/25	HSBB Girls @ Hiawatha Tournament	TBD
1/27	HSBB Girls @ Hiawatha Tournament JHBB Riley County	TBD 5:30 p.m.
1/28	Hutch Jazz Festival HSWR JV @ Manhattan HSBB Boys @ St. Marys	TBD 4:00 p.m. 4:45 p.m.
1/29	HSBB Girls @ Hiawatha Tournament RC Forensics Invitational	TBD 8:00 a.m.
1/31	JHBB @ Silver Lake	5:30 p.m.

Weather Warnings

Whenever inclement weather threatens, you should check the front page of our website or go to the following television or radio stations.

WIBW	KMAN 1350 AM	KSNT
KTKA	Sunny 102.5	WIBW 580 AM
94.5 Country	KROCK 101.5	KTPK 106.9
Z96.3	Angel 95	B 104.7

Noel Holiday Smiles

To quote Buddy, the Elf: “Spread Christmas cheer by singing loudly for all to hear.” That is what 16 National Honor Society members did on December 15 when they went caroling at the Westmoreland Care Home. Members also presented the residents with Christmas cards and smiles.

Joining the NHS students were members of the Rock Creek High School Business Professionals of America and Choir. The groups appreciated the help of Barbara Frank, our high school accompanist.

Winter Driving

There are many ways to handle dangerous winter weather. Staying home to stay safe is the first choice, but sometimes travel is necessary. Pay attention to the weatherman and the warnings so you will be prepared. If the forecast is for cold, wind, ice, snow, sleet, or freezing rain, beware of driving in this type of weather. Here are some winter driving tips you may use.

- Find out about road conditions before you go.
- Remove snow and ice from vehicle before you start. It is important to see as well as be seen, so be sure to clean windows, turn signals, and brake lights.
- Buckle up before you set the vehicle in motion.
- Leave early so you have extra time wherever you are traveling.
- Slow down for wet, snowy, and icy conditions.
- Do not slam on brakes; pump gently and come to a slow stop.
- Avoid quick acceleration
- Never use cruise control in winter weather conditions.

Survival Kit

Is your vehicle ready for winter weather this year? If not, here are some items you may want to keep in your vehicle in case of a winter storm.

- Cellular phone
- Red flag
- Flares
- Matches/lighter
- Candles
- Ice scraper
- Shovel
- Sand or cat litter
- Traction mats
- Tow rope or chain
- Jumper cables
- Extra warm winter clothing
- Blankets or sleeping bags
- Non-perishable foods
- Water
- Can opener
- First aid kit
- Flashlight and batteries
- Simple tool kit
- Metal coffee cans



Counselor's Notes

Deadline:	Description:
	Juniors interested in criminal justice/law enforcement careers may attend the Cadet Law Enforcement Academy in Salina, Kansas, June 12-17, 2011. See Mr. Sullivan for program details and registration.
	Seniors planning to attend a technical/community college may complete the Kansas Vocational Education Scholarship Exam . Each award is \$500. See Mr. Sullivan or visit www.kansasregents.org .
	Female students ages 14-18 (as of 2/1/11) are eligible to participate in the 2010 Miss Kansas Teen USA Pageant . Cash prizes and scholarships available. See Mr. Sullivan for registration forms or visit www.misskansasusa.com .
	Grade 7-12 students are eligible to participate in the 2011 Art & Writing Awards competition. For more information visit www.artandwriting.org
	Students, minimum age 16, interested in completing a spring semester CNA class at Manhattan Area Technical College should contact Mr. Sullivan. The class is from January 20 to March 10, 2011, Monday through Thursday at 5-9 p.m., and the cost is \$535.
	Senior boys attending Emporia State may apply for the Balanced Man Scholarship – \$250-\$500. Mr. Sullivan has more information and applications.
	Junior boys interested in participating in the 2011 American Legion Boys State program June 5-11, 2011 at KSU should contact Mr. Sullivan.
12/17/10	Seniors whose parents are members of Bluestem Electric Cooperative, Inc. are eligible for the 2011 Bluestem Electric Cooperative Scholarships . They are \$250-\$500. See Mr. Sullivan for applications.
1/7/11	Seniors planning to attend Washburn University may apply for the 2011 Washburn Leadership Scholarship . The minimum qualifications are a 3.0 GPA and 24 ACT score. See Mr. Sullivan for applications.
1/7/11	Seniors with a minimum 3.0 cumulative GPA are eligible to apply for the 2011 Outstanding Senior High Youth Award . One \$250 stipend will be presented to a deserving student. See Mr. Sullivan for applications.
1/8/11	Students in grades 9-12 are eligible to participate in the 2011 Profile in Courage Essay Contest . Awards range in value from \$500-\$10,000. Visit www.jfklibrary.org for registration information/details.
1/10/11	Burger King Scholarships – apply at www.haveyourwayfoundation.org/burger_king_scholars_program.html for \$1,000-\$25,000 scholarships.
1/14/11	Seniors whose parents have been diagnosed with multiple sclerosis may apply for the 2011 National MS Society Scholarships (\$1,000). Apply at www.nationalMSSociety.org/scholarship .
1/17/11	Students in grades 7-9 students are eligible to apply for the 2011 Outstanding Junior High Youth Award . One \$250 scholarship will be presented to a deserving student. See Mr. Sullivan for applications.
1/26/11	Senior boys attending KSU may be interested in applying for the 2011 Acacia Leadership Scholarships (\$500-\$1,000). See Mr. Sullivan for applications.
1/30/11	KSU Man of Faith Scholarships (\$500-\$1,000) – must be a male attending KSU and have academic achievement. See Mr. Sullivan to apply.
2/1/11	ESA Scholarships (\$500-\$2,500) – need to have a minimum 3.0 GPA or 22 ACT score. See Mr. Sullivan or apply at www.esaintl.com/esaf/scholarship_application.html
2/9/11	KFC Colonel's Scholarships (\$20,000) – must have a minimum 2.75 GPA, be pursuing bachelor's degree, and have a financial need. Apply at www.kfcscholars.org .
2/15/11	Seniors may apply for the 2011 American Legion Scholarships . See Mr. Sullivan for program qualifications and applications. Awards range in value from \$250-\$1,000.
2/15/11	AXA Achievement Community Scholarships , see Mr. Sullivan.
2/23/11	Students in grades 7-12 are eligible to participate in the 2010 Images of Aging photo contest. Prizes range in value from \$100-\$300. See me for program information/entry forms or visit www2.kumc.edu/coa
3/4/11	2011 Sammy Scholarships (\$7,500) – show academic achievement. Apply at www.bodybymilk.com .
3/18/11	Seniors who may pursue studies in marketing, public relations, or telecommunications may apply for the 2011 Primo Scholarships . Three awards at \$500 each will be presented. See Mr. Sullivan for applications.
5/27/11	Seniors may apply for the B. Davis Scholarships -- \$1,000. Apply at www.studentawardsearch.com/scholarships.htm .

The Rock Spotlight



Punt, Pass & Kick



Chayne Hulbert

2nd Place

Kansas City Chiefs Game



JV Scholars Bowl

Josh Jones

Sarah Marek

Kyle Nelson

Hanna Ruder

Mason Swenson

1st Place at B & B



DEBATE TEAM

Salina South JV Tournament

Rock Creek Team

2nd Place

Jackson Meyer & Dani Rakowitz

5-0 Record

Nick Haverkamp, William Henry,

Paige Nickell, Sara Nider, Chance

Maginness & Clayton Frakes

Participants

Salina Central

Rock Creek Team

Top 10 of 24 Schools

**Dickinson County
All Tournament Team**

Travis Briggs

Dillon Johnston