



MUSTANG EXPRESS 2.0

Rock Creek Junior/Senior High School

November 2010

Principal 9-12:

Dennis Post

Assistant Principal 7-8:

Scott Harshbarger

USD 323 Superintendent:

Dr. Darrel Stufflebeam

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Published by

In-House Training:

Joseph Calmes

Trevor Clark

Amy Eshelman

Jackie Gonzalez

Katie Good

Brandon Hyde

Skylar Myers

Justin Redding

Dylan Treadwell

New Faces at "The Rock"

Rock Creek has one new faculty member this fall. Staci Payne is the choir teacher for Rock Creek. Mrs. Payne, originally from Oklahoma, graduated from Southwestern Oklahoma State University with a degree in Music Education. She has ten years of work experience in several schools in Oklahoma. Mrs. Payne has been married for eight years to her husband Phillip Payne and has two daughters: Olivia (5) and Kinsley (15 months). Her hobbies include reading and traveling along with spending time with her daughters. She is a fan of Ghost Hunters. Mrs. Payne commented the students here are lucky to have this group of adults to work with. The staff bends over backwards to do the best thing for the students. She felt welcomed as each person introduced themselves to her and offered their assistance.



Adam Keating is student teaching with Mike Zabel in Social Studies. In 2006, he graduated from Wakefield Junior/Senior High School and will receive his bachelors degree in Secondary Education in December from Kansas State University. He and his fiancée, Samantha, are planning their wedding for next year. Mr. Keating really enjoys sports. ESPN is his channel of choice. He also has a dog named KC. Mr. Keating likes to make people laugh and puts that fun into his teaching. Advice from his supervising teacher includes don't be afraid to try anything, and keep your room as cold as possible! He absolutely loves Rock Creek saying the staff is extremely friendly and the students are really awesome. The faculty and students seem to be very close and the community is closely involved with the school.



Sara Miller's student teacher in Spanish is Hillary Larsen, a graduate of Lincoln Junior/Senior High School. She is getting her second bachelors degree from Kansas State University. The first degree was in Hotel and Restaurant Management and the second is in Secondary Education with an emphasis in Spanish. Ms. Larsen enjoys sports, traveling and playing with her dog. Mrs. Miller taught Ms. Larsen the "Fist of Death" as a teaching strategy when introducing new vocabulary. A teacher shows the vocabulary flashcard and then counts from 5 to 0 with her hands. Students can't answer until they see the fist of death. This gives all of them a chance to think about the answer and then say it. Ms. Larsen also has enjoyed being at Rock Creek. The friendly staff has made her feel at home.



KASSP Area 3 Honoree

Dennis Post, principal of Rock Creek Junior/Senior High School, has been recognized by the Kansas Association of Secondary School Principals as this year's Area 3 Honoree. KASSP is an organization of over 500 secondary school principals from across Kansas. Mr. Post was nominated by his superintendent and peer administrators. All Area 3 principals were involved in selecting him for this honor. He will now be a candidate for the KASSP Principal of the Year, which will be announced next fall. Congratulations to Mr. Post.

Calendar of Events

Date	Event	Time
11/18	JHGB @ Silver Lake	4:30 p.m.
	JHWR @ Holton with Royal Valley	5:30 p.m.
11/19	Baker University Jazz Festival	TBD
11/20	Debate JV @ Salina	TBD
	Debate Open/Novice @ Salina South	TBD
	JHWR @ Rossville	8:30 a.m.
	Battle of the Bands	5:00 p.m.
11/22	Jazz Band Concert	7:30 p.m.
11/23	JHGB Rossville	5:30 p.m.
11/24-11/26	No School - Thanksgiving Break	
11/29	Winter Sports Scrimmages	6:00 p.m.
11/30	JHGB Mill Creek	5:30 p.m.
12/2	JHGB @ St. Mary's	4:30 p.m.
	JHWR @ Wamego with Chapman & Fort Riley	4:30 p.m.
12/3	HSBB @ Clay Center	4:45 p.m.
12/4	District Band/Choir Performance	TBD
	HSWR @ Mission Valley	9:00 a.m.
12/6	JHWR Rock Creek with Silver Lake & Shawnee Heights	4:30 p.m.
	HSBB @ Dickinson County Classic	4:30 p.m.
12/7	HSWR, HSB/GBB, HSCH pictures	2:45 p.m.
	JHGB @ Jeff West	4:30 p.m.
	HSWR @ Council Grove	6:00 p.m.
12/8	Board of Education Meeting	7:00 p.m.
12/9	Rock Creek Invitational Scholars Bowl	4:00 p.m.
	JHGB Silver Lake	5:30 p.m.
12/10	HSBB @ Dickinson County Classic	4:30 p.m.
12/11	Debate Tonganoxie Open	TBD
	HSBB @ Dickinson County Classic	TBD
	JHGB MEL @ Rock Creek	9:00 a.m.
	HSWR @ Clay Center	9:30 a.m.
	HSWR JV @ Onaga	9:30 a.m.
12/13	HSBB Abilene Freshmen Boys/Girls	5:30 p.m.
12/14	HSBB Wabaunsee	4:45 p.m.
12/16	JHGB MEL @ Rock Creek	5:00 p.m.
12/17	Regional Debate	TBD
	HSWR @ Marion County	3:00 p.m.
	HSBB @ Centralia	4:45 p.m.
12/18	Regional Debate	TBD
12/20	JH/HS Choir & HS Band Concert	7:30 p.m.
12/22	Early Exit Presentations	7:30 a.m.
	Teacher Workday	8:00 a.m.
12/22-12/31	No School - Winter Break	

Upward Bound Taking Off

Upward Bound is an after-school study program that is based on family income and/or family member college completion. The program offers two sessions a week depending on a student's current GPA. Each student receives a stipend for attending the program regularly. Students benefit from additional study time in a quiet setting with access to computers and an on-staff teacher. Kansas State University also provides a peer college tutor who lends support in various ways. The college tutor has completed the program him or herself and is on hand to help with academic concerns, question about the program, general college life, and expectations.

Another perk of the Upward Bound program would have to be the voluntary enrichment activities. Students are picked up and returned to Rock Creek High School, so there are not transportation issues for students and their families. The students may choose to attend as many activities as they want. In the past students have had the opportunity to do everything from attending lectures with keynote speakers such as Dr. Dre and Judge Sally Hill, to watching performances of the Broadway cast of Disney's *The Lion King* and Ladysmith Black Mambazo (Jamaican group of singers), to a fun-filled evening of movies and bowling. Meals, transportation, and admission costs are all paid by Upward Bound.

Then students have the opportunity to try out college by attending the summer program, which is voluntary as well. This part of the program is also free to students; the gains though are enormous. They spend their days on campus at KSU and take a variety of courses. Upward Bound students may choose to learn a foreign language, build organizational skills, keep up on math skills, or even take an animal care and science course if it suits their interest. By attending and completing the summer program, students earn a half elective credit added to their high school transcript as well as receiving another stipend.

Students who stay with the program through the end of their senior year reap some truly valuable benefits. Seniors are eligible for ACT fee waivers. They can enter an essay contest and the winning senior is given an all-expenses paid trip to Washington, D.C. to represent our area at an Upward Bound leadership convention. They are not only guaranteed acceptance into KSU but up to six credit hours will be paid for by the Upward Bound program.

These are the monetary and academic benefits; however, one must also realize there are other gains as well. Students have the opportunity to meet new people, make new friends, and create lasting memories. They are exposed to new or different ideas, and cultures. Students also gain truly useful life experiences. A two-hour-a-week commitment can lead to the difference of a lifetime with the Upward Bound Program

If anyone is interested, students may see Miss Lindsey for more information and help with the application process. All selections are made by and through KSU Upward Bound. Freshman, sophomore, and junior students are eligible for consideration.

Debate Results

Wamego Tournament: Team, 2nd Place; *Ben Peterson and Mandi Blenn*, 3rd Place; *Colten Smith and Trey Basa*, 6th Place

Piper Tournament: Team, 4th Place; *Crystal Chitwood and Jacob Miller*, 5th Place in Open; *Nick Haverkamp and William Henry*, 3rd Place in Novice; *Brandon Hyde and Felicia Smith*, 5th Place in Novice

Junction City Tournament: Team, 1st Place; *Crystal Chitwood and Jacob Miller*, 1st Place in Open; *Dylan Meyer and Josh Roberts*, 4th Place in Open; *Jackson Meyer and Dani Rakowitz*, 2nd Place in Novice

Osage City Tournament: Team, 1st Place; *Crystal Chitwood and Jacob Miller*, 2nd Place in Open; *Dylan Meyer and Josh Roberts*, 3rd Place in Open; *Molly Pyle and Larissa Eshelman*, 6th Place in Open

Highland Park Tournament: *Larissa Eshelman and Kynedee Hodges*, 5th Place in Novice; *Charlie Pyle*, Top Speaker of Non-Medaling Teams

Counselor's Notes

Deadline:	Description:
	Students/families interested in completing Christmas Bureau applications to qualify for holiday donations/resources should contact Andrea at the Community Health Ministry, 456-7872.
	Juniors interested in criminal justice/law enforcement careers may attend the Cadet Law Enforcement Academy in Salina, Kansas, June 12-17, 2011. See Mr. Sullivan for program details and registration.
	Seniors planning to attend a technical/community college may complete the Kansas Vocational Education Scholarship Exam . Each award is \$500. See Mr. Sullivan or visit www.kansasregents.org .
	Female students ages 14-18 (as of 2/1/11) are eligible to participate in the 2010 Miss Kansas Teen USA Pageant . Cash prizes and scholarships available. See Mr. Sullivan for registration forms or visit www.misskansasusa.com .
	Grade 7-12 students are eligible to participate in the 2011 Art & Writing Awards competition. For more information visit www.artandwriting.org
	Students, minimum age 16, interested in completing a spring semester CNA class at Manhattan Area Technical College should contact Mr. Sullivan. The class is from January 20 to March 10, 2011, Monday through Thursday at 5-9 p.m., and the cost is \$535.
12/1/10	2010 Elks Most Valuable Student Scholarship , awards range in value from \$500-\$60,000. Apply at www.elks.org/enf/scholars .
12/1/10	Grades 7-12 students interested in dance studies/careers may want to participate in a Dance Shadow Day at KSU. Visit www.k-state.edu/dance for information and registration details.
12/13/10	Seniors planning to attend KSU may be interested in applying for the 2010 KSU Civic Leadership Scholarships . Visit www.k-state.edu/nss/scholarships . Award amount is \$2,000-\$4,000.
12/15/10	2010 AXA Achievement Scholarships , \$10,000 and \$25,000 awards available. To learn more and download application, visit www.axa-achievement.com .
12/17/10	Seniors whose parents are members of Bluestem Electric Cooperative, Inc. are eligible for the 2011 Bluestem Electric Cooperative Scholarships . They are \$250-\$500. See Mr. Sullivan for applications.
1/7/11	Seniors planning to attend Washburn University may apply for the 2011 Washburn Leadership Scholarship . The minimum qualifications are a 3.0 GPA and 24 ACT score. See Mr. Sullivan for applications.
1/7/11	Seniors with a minimum 3.0 cumulative GPA are eligible to apply for the 2011 Outstanding Senior High Youth Award . One \$250 stipend will be presented to a deserving student. See Mr. Sullivan for applications.
1/8/11	Students in grades 9-12 are eligible to participate in the 2011 Profile in Courage Essay Contest . Awards range in value from \$500-\$10,000. Visit www.jfklibrary.org for registration information/details.
1/14/11	Seniors whose parents have been diagnosed with multiple sclerosis may apply for the 2011 National MS Society Scholarships (\$1,000). Apply at www.nationalMSsociety.org/scholarship .
1/17/11	Students in grades 7-9 students are eligible to apply for the 2011 Outstanding Junior High Youth Award . One \$250 scholarship will be presented to a deserving student. See Mr. Sullivan for applications.
2/15/11	Seniors may apply for the 2011 American Legion Scholarships . See Mr. Sullivan for program qualifications and applications. Awards range in value from \$250-\$1,000.
2/23/11	Students in grades 7-12 are eligible to participate in the 2010 Images of Aging photo contest. Prizes range in value from \$100-\$300. See me for program information/entry forms or visit www2.kumc.edu/coa
3/18/11	Seniors who may pursue studies in marketing, public relations, or telecommunications may apply for the 2011 Primo Scholarships . Three awards at \$500 each will be presented. See Mr. Sullivan for applications.

The Rock Spotlight



KMEA North Central District Honors

Concert Band:

Rachel Frank, Flute
Brenda Stevenson, Clarinet
Anna Jilka, Bassoon

Jazz Band:

Mandi Blenn, Trombone
D.J. Denzien, Trombone



JV Scholars Bowl

Hanna Ruder, Kyle Nelson, Josh Jones, Sarah Marek, Fong
2nd Place at Sabetha

Hanna Ruder, Kyle Nelson, Josh Jones, Mason Swenson, Jacob Milham
1st Place at Frankfort

Varsity Scholars Bowl

Mandi Blenn, Elke Thompson, Karl Thompson, Lane Frazier, Caitlin Leiker
2nd Place at Silver Lake

Mandi Blenn, Elke Thompson, Ben Peterson, Lane Frazier, Sam Wilson, Caitlin Leiker
1st Place at Frankfort

Mid-East League Volleyball

7th Grade Girls

2nd Place

Pictured, Back Row: Coach Krista Schmitz, Alli Snapp, Hailey Heptig, Winter Henry, Amber Nowakowski, Maria Matthews; Front Row: Rachel Caffrey, Rachel Askew, Lily Schmitz, Taylor Prockish

CROSS COUNTRY LEAGUE

Ryan Schneider, 2nd Place

Clayton Frakes, 7th Place

ALL LEAGUE CROSS COUNTRY

Ryan Schneider and Clayton Frakes

ALL LEAGUE FOOTBALL

1st Team

Luke Commerford, Josh Rieck, Eric Willard,

Nick Cooper, Logan Miner

Honorable Mention

Brady Quinn, Skyler Beam, Michael Wilson

ALL LEAGUE VOLLEYBALL

Bailey Elliott

Business Professionals of America

Congratulates

LANE FRAZIER

State BPA Vice-President

Punt, Pass & Kick Contest

Chayne Hulbert

High School District Honor Choir

Elke Thompson

MOLE KING AND QUEEN

Dylan Meyer and Fong

HOBY SUMMER LEADER SEMINAR

Jacob Miller

HAT Class Recognition

Mrs. Rottinghaus

Mrs. Rankin

Mrs. Renner

Ms. Koelzer